

WELCOME TO FOUNTAINGATE

Psychological and Family Services

1106 Columbia Ave, Suite 100

Marysville, WA 98270

Phone: 360-653-0374 Fax: 360-658-0219

INDIVIDUAL INTAKE

YOUR COOPERATION IN COMPLETING THIS QUESTIONNAIRE WILL BE HELPFUL IN PLANNING OUR SERVICES FOR YOU. PLEASE ANSWER EACH ITEM CAREFULLY OR ASK FOR CLARIFICATION IF YOU DO NOT UNDERSTAND AN ITEM.

NAME: _____ TODAY'S DATE: _____
First MI Last

PHYSICAL ADDRESS: _____
STREET NUMBER

_____ CITY STATE ZIP

MAILING ADDRESS (IF DIFFERENT FROM PHYSICAL ADDRESS): _____
PO BOX OR STREET NUMBER

_____ CITY STATE ZIP

HOME #: _____ CELL: _____ WORK: _____

AGE: _____ BIRTHDATE: _____ SSN: _____ DRIVERS LICENCES#: _____

MARITAL STATUS (CIRCLE ONE): MARRIED DIVORCED SINGLE SEPERATED OTHER: _____

EMPLOYER: _____ OCCUPATION: _____

YEARS EMPLOYED: _____ EDUCATION: _____

REFERRED BY: _____ PHONE: _____

PERSON NOT LIVING WITH YOU TO CONTACT IN AN EMERGENCY:

_____ NAME RELATIONSHIP PHONE

TO BE COMPLETED BY THERAPIST

PRIMARY DIAGNOSIS: _____ SECONDARY DIAGNOSIS: _____ TERTIARY DIAGNOSIS: _____

TREATMENT AGREEMENT:

PLEASE INITIAL:

CO-PAYMENTS ARE DUE AT THE TIME OF SERVICE. _____

I HEREBY ASSIGN PAYMENT OF INSURANCE BENEFITS DIRECTLY TO FOUNTAINGATE. WHILE FOUNTAINGATE WILL BILL MY INSURANCE COMPANY, I WILL BE RESPONSIBLE FOR ANY CHARGES INCURRED IF MY INSURANCE COMPANY DOES NOT PAY. _____

IT IS MY RESPONSIBILITY TO CONTACT MY INSURANCE COMPANY TO OBTAIN THE PROPER AUTHORIZATIONS IF REQUIRED. IF I FAIL TO DO THIS AND CHARGES ARE DENIED I WILL BE RESPONSIBLE FOR ALL CHARGES. _____

IF YOUR PORTION OF THE BILL IS OVER 90 DAYS OLD YOU WILL BE SENT TO COLLECTIONS, UNLESS OTHER ARRANGEMENTS ARE MADE WITH OUR BILLING OFFICE. _____

ARE FEES ARE AS FOLLOWS \$200.00 FOR INTIAL SESSION, INDIVIDUAL SESSIONS ARE \$150.00, FAMILY/MARITAL SESSIONS ARE \$175.00, FAMILY SESSIONS (PATIENT NOT PRESENT) ARE \$185.00, AND GROUP SESSIONS ARE \$60.00. _____

YOU WILL BE CHARGED \$150.00 FOR MISSING AN APPOINTMENT WITHOUT CANCELLATION NOTICE. _____

YOU WILL BE CHARGED \$150.00 FOR NOT GIVING 24 HOURS NOTICE, WHEN CANCELING AN APPOINTMENT. _____

I HAVE READ THROUGH THE TREATMENT AGREEMENT THOROUGHLY AND UNDERSTAND AND AGREE TO ABIDE BY MY FINANCIAL RESPONSIBILITIES. I UNDERSTAND THAT INFORMATION WILL BE RELEASED TO MY INSURANCE COMPANY IF NECESSARY, AND ANY CHARGES THAT MY INSURANCE COMPANY WILL NOT COVER I AM RESPONSIBLE FOR.

CLIENT SIGNATURE: _____ **DATE:** _____

TO ENABLE OUR STAFF WITH ACCURATE AND CONFIDENTIAL SERVICES PLEASE COMPLETE THE FOLLOWING:

PLEASE BE AWARE THAT EMAIL AND FAX TRANSMISSIONS ARRIVE AT A GENERAL FOUNTAINGATE SITE AND ARE DISTRIBUTED TO THE INDIVIDUAL PRACTITIONER CONFIDENTIALITY IS MAINTAINED WITH THESE RECORDS, AS WITH ALL RECORDS IN OUR OFFICE.

MESSAGES REGARDING APPOINTMENTS MAY BE LEFT ON MY ANSWERING MACHINE.

_____YES _____NO

THE FOLLOWING INDIVIDUALS MAY SCHEDULE AND OR CONFIRM APPOINTMENTS:

THE FOLLOWING INDIVIDUALS MAY DISCUSS MY ACCOUNT WITH THE BILLING DEPARTMENT:

(INTENTIONALLY LEFT BLANK)

CONCERNS AND GOALS:

PLEASE DESCRIBE WHY YOU HAVE COME IN: _____

DESCRIBE GOALS YOU WANT TO ACCOMPLISH BY COMING HERE: _____

PLEASE **CIRCLE** INDIVIDUAL ITEMS YOU WANT TO ADDRESS. PLEASE **UNDERLINE** THE **TWO MOST IMPORTANT**, TO ADDRESS FIRST:

- | | | | |
|-------------------|------------------------|-----------------|--------------------|
| CONCENTRATION | FEARS | BOWEL TROUBLE | SELF-ESTEEM |
| HOPELESSNESS | GUILT | STOMACH TROUBLE | TEMPER |
| DEPRESSED | SELF-CONTROL | SEXUAL PROBLEM | RELAXATION |
| HARM TO SELF | HARM TO OTHERS | DRUG USE | FINANCES |
| SUICIDAL CONCERNS | IMPULSIVITY | ALCOHOL USE | WORK |
| HIGH ENERGY | HYPERACTIVE | HEADACHES | MOTIVATION |
| LOW ENERGY | ATTENTION DIFFICULTIES | MEMORY | LEGAL MATTERS |
| ANGER | SLEEP PROBLEMS | THOUGHTS | CAREER CHOICES |
| TEMPER | DREAMS | ABUSE | EDUCATION |
| NERVOUSNESS | NIGHTMARES | TRAUMA | MAKING DECISIONS |
| ANXIETY | HEALTH PROBLEMS | SHYNESS | MEANINGLESSNESS |
| STRESS | APPETITE/WEIGHT | CRYING SPELLS | UNRESOLVED GRIEF |
| PANIC | EATING/FOOD TROUBLE | UNHAPPINESS | SPIRITUAL CONCERNS |

PLEASE **CHECK** RELATIONSHIP ITEMS YOU WANT TO ADDRESS. **UNDERLINE** THOSE YOU FEEL APPLY TO ANOTHER FAMILY MEMBER. PLEASE **CIRCLE** THE **TWO MOST IMPORTANT** TO ADDRESS FIRST.

- | | | | |
|-------------|----------------------|----------------------|-----------------------|
| MARRIAGE | PARENTING | RECREATION | FRIENDSHIPS |
| SEPARATION | CHILDREN | INFIDELITY/AFFAIRS | HOLDING OTHER DOWN |
| DIVORCE | HOUSING | PHYSICAL FIGHTING | CONFLICTING SCHEDULES |
| INTIMACY | FINANCES | COMMON INTERESTS | PROBLEM SOLVING |
| IN-LAWS | SEXUAL DESIRE | SHOWING APPRECIATION | LONELINESS |
| RELATIVES | AGREEING ON CHORES | TRUSTING EACH OTHER | COMMON GOALS |
| JEALOUSY | SEXUAL PERFORMANCE | AFFECTION | VERBAL FIGHTING |
| USE OF TIME | SPOUSE'S CLEANLINESS | COMMUNICATION | HAVING FUN TOGETHER |

HEALTH INFORMATION:

LIST ALL CURRENT MEDICATIONS: _____

LIST ALL CURRENT HEALTH PROBLEMS: _____

LIST PAST SIGNIFICANT HEALTH PROBLEMS: _____

HAVE YOU BEEN HOSPITALIZED OR HAD OTHER PSYCHIATRIC CARE RELATED TO YOUR MENTAL HEALTH? **YES NO**

IF YOU ANSWERED YES PLEASE PROVIDE DATES AND TREATMENT OUTCOME FOR THOSE EVENTS: _____

LIST PREVIOUS PROFESSIONAL HELP YOU HAVE RECEIVED FOR PERSONAL, MARITAL, OR FAMILY CONCERNS AND DATES: _____

NAME OF YOUR PRIMARY CARE PHYSICIAN: _____ MAY WE CONTACT? **YES NO**

PHONE NUMBER: _____ WHEN WERE YOU LAST SEEN? _____

DRUG AND ACHOHOL ASSESSMENT:

Are drugs or alcohol used by yourself or someone else a significant factor in why you are coming to our office?
___ Yes ___ No If yes ___ self ___ other: Relationship _____

ALCOHOL ASSESSMENT:

Alcohol frequency:

___ Never ___ Less than 1 time/month ___ 1-4 times per month ___ 2-3 times per week ___ Daily

Usual Alcohol Consumption:

___ None ___ 1-2 drinks per sitting ___ 3-4 drinks per sitting ___ 5 or more drinks per sitting

Intoxication Frequency:

___ never ___ less than 1 time/month ___ 1-4 times per month ___ 2-3 times per week ___ Daily

Please describe any alcohol-related problems (e.g. legal, job, physical, or social): _____

Self-perception of **Alcohol Use**: (please check)

___ Occasional or social ___ Problem use ___ Psychological dependence
___ Addicted-cannot stop ___ Does not want to stop ___ Motivated to stop

History of treatment attempts: (check all that apply)

___ None ___ Stopped on own ___ Attended AA/ other 12 step program
___ Attended outpatient program ___ Attended inpatient program ___ Attended community-based program

OTHER SUBSTANCE USE ASSESSMENT: (Check Frequency and Duration for each drug used in the last 6 months)

Frequency

Duration

	Daily	Weekly	Monthly Or less	Less than one year	More than one Year
Marijuana	___	___	___	___	___
Sedative	___	___	___	___	___
Stimulant	___	___	___	___	___
Cocaine	___	___	___	___	___
Opiates	___	___	___	___	___
Inhalants	___	___	___	___	___
Hallucinogens	___	___	___	___	___
Prescription Drugs	___	___	___	___	___

Caffeine ___ Number of cups per day ___ Tobacco ___ if cigarettes-number per day ___

Please describe any drug-related problems (e.g. legal, job, physical, or social): _____

Self-perception of **Drug Use**: (please check)

___ Occasional or social ___ Problem use ___ Psychological dependence
___ Addicted-cannot stop ___ Does not want to stop ___ Motivated to stop

History of treatment attempts: (check all that apply)

___ None ___ Stopped on own ___ Attended NA/ other program
___ Attended outpatient program ___ Attended inpatient program ___ Attended community-based program

LEGAL INFORMATION:

DO YOU HAVE A PROBATION OFFICER OR CASE WORKER? **YES NO** MAY WE CONTACT THEM? **YES NO**

WHAT IS HIS/HER NAME? _____

PHONE NUMBER: _____ ADDRESS: _____

DO YOU HAVE AN ATTORNEY? **YES NO** IF YES, WHAT IS HIS/HER NAME? _____

PHONE NUMBER: _____ ADDRESS: _____

MARITAL INFORMATION:

MARRIED: _____ DIVORCED: _____ LIVING TOGETHER: _____ SEPARATED: _____ SINGLE: _____ OTHER: _____

IF YOU CHECKED "OTHER" PLEASE EXPLAIN: _____

LIST DATES AND LENGTHS OF ANY PREVIOUS MARRIAGES: _____

FAMILY HISTORY:

LIST THE NAMES, AGES, AND RELATIONSHIP, OF ALL PERSONS LIVING IN YOUR HOME:

LIST THE NAMES, AND AGES OF ANY IMMEDIATE FAMILY MEMBERS THAT ARE NOT LISTED ABOVE

RELIGIOUS HISTORY:

ARE SPIRITUAL OR RELIGIOUS ISSUES A CONCERN TO YOU _____ YES _____ NO

WHAT IS YOUR RELIGIOUS AFFILIATION, IF ANY? _____

IF YES, WHAT IS THE NAME OF THE CONGREGATION YOU BELONG TO? _____